



## **INFLUENCE OF EMBRYONIC VITRIFICATION DAY IN SURVIVAL AND IMPLANTATION RATES**

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Vitrification or embryo freezing can be performed on different days of embryo development, depending on the clinical case; the most common days are 3 and 5. At Instituto Bernabeu we often choose vitrification on day 4, and is used as a very successful option.

In this research, the results were compared on days 3, 4 and 5. Implantation rates were similar in the three days. However, the data reveal that embryo freezing on day 4 offers higher rates of survival than on day 5. Therefore, we conclude that the choice of vitrification on day 4 should be integrated as an effective alternative.